

## **Distinguished Lecture**

### **Speaker**

Dr. Victor DZAU, President, National Academy of Medicine

### **Title**

The New Frontier of Healthy Longevity: Advancing Innovation for Aging Societies

### **Abstract**

The world is undergoing a demographic transformation, with aging populations reshaping health systems, economies, and societies—particularly across Asia. While advances in geroscience are revealing how we can delay the biological processes of aging to extend healthspan, achieving healthy longevity will also require bold policy reform, economic investment, social innovation, and health systems change.

In this keynote, Dr. Victor DZAU, President of the U.S. National Academy of Medicine, will explore the intersection of science and strategy to extend the human healthspan. His presentation will offer a comprehensive vision for turning longer lives into healthier, more productive, and more equitable ones.