

Getting it Right: Symposium on the Advance Decision on Life-sustaining Treatment Ordinance

掌握生命抉擇－《維持生命治療的預作決定條例》研討會

Roster of Profiles

Speaker 1

Tse Chun Yan graduated from the Medical School of the University of Hong Kong in 1973 and was Consultant and Head of Department of Medicine of United Christian Hospital from 1984. He took up hospital management in 1993 and was the Cluster Chief Executive (Kowloon East) of Hospital Authority before his retirement by the end of 2005. He has been involved in the drafting of clinical ethics guidelines on end-of-life decision-making of the Hospital Authority since 2001. He was Chairman of the Hospital Authority Clinical Ethics Committee from 2005 to 2017, and an advisor to the HA Task Force on AD legislation from 2019 to 2024. He had publications on clinical ethics as book chapters and articles in international journals. He is currently an honorary advisor of the Hong Kong Society of Palliative Medicine.

He is also a *guqin* performer, composer and scholar on Chinese music. He obtained his PhD in ethnomusicology from CUHK in 2009.

Speaker 2

Helen Chan is currently a Professor (by courtesy) of the CUHK Centre for Bioethics and Professor of the Nethersole School of Nursing of CUHK Faculty of Medicine. Her research interests focus on end-of-life care, gerontology as well as care ethics. She has conducted a number of research projects on promoting palliative and end-of-life care, especially advance care planning, among older adults and people with advanced progressive diseases. Over the recent years, she has obtained various external competitive research grants and a number of research awards in recognition of her outstanding research capabilities. She was also inducted as a fellow of the American Academy of Nursing in 2021 and is to be inducted into the International Nursing Researcher Hall of Fame, Sigma Theta Tau International Society of Nursing in July 2024.

Professor Chan serves as an editor for *Journal of Clinical Nursing* and an editorial board member of *Nursing Ethics* and *Asian Journal of Gerontology and Geriatrics*. She is also a council member of the Hong Kong Association of Gerontology and Honorary Advisor of Elderly Service of the Hong Kong Young Women's Christian Association, the Hong Kong Society for Rehabilitation, the Jockey Club Centre for Positive Ageing and the Jockey Club CADENZA Hub.

Speaker 3

Kai Tai Chan is a specialist in psychiatry, lyricist and writer. He currently serves in various interdisciplinary positions. Throughout the years, apart from clinical practice, he has been involved in various educational activities, service development as well as research activities. In addition to mental health and anti-stigmatization education and campaigns, recently, he has been advocating the development of Youth Mental Health in Hong Kong across different platforms, ranging from online platform to clinical service.

His academic and research interest is on the exploration of the impact of the post-Millennial world on the human mind, mental health and society with inter-disciplinary perspectives, especially about the potential impact of digitalization upon young people. He published a conceptual paper named "Emergence of 'Digitalized Self' in the Age of Digitalization" in 2022, followed by related empirical research.



To promote well-being in the community, he has been exploring the interplay of culture and mental health as well as advocating the use of music in promoting well-being. Recently, he has published a book called 《多謝廣東歌 讓我好好過》 exploring the relationship of Cantopop and well-being and its potential in application.

In terms of medical education and pedagogical development, apart from continuing his academic works in Psychiatry, Dr Chan joined CU Medicine in 2024 to develop the interdisciplinary subject of Medical Humanities in the Faculty. Recently, he has also embarked on the academic works in the area of Bioethics.

Convenor and Host

Roger Yat-nork Chung is a social epidemiologist who uses the lens of biomedical ethics and justice to examine the social determinants of health and health inequalities. His current research investigates social determinants such as poverty, deprivation, socioeconomic disadvantage, environmental and housing factors, and migrant status. He is also particularly interested in the health of vulnerable populations, including migrant workers and rare disease patients, and conducts research on aging-related issues such as multimorbidity and long-term/end-of-life care.

Prof. Chung graduated from Johns Hopkins University with a BA (Public Health Sciences), the Johns Hopkins Bloomberg School of Public Health with an MHS, Harvard Medical School with an MBE, and the University of Hong Kong with a PhD in social and lifecourse epidemiology. He is currently the Co-Director of CUHK Centre for Bioethics, an Associate Professor of the Jockey Club School of Public Health and Primary Care of CUHK, and the Associate Director of the CUHK Institute of Health Equity. He has had more than 120 peer-reviewed international publications and was the inaugural international health policy fellow of the National Academy of Medicine in the USA.

Moderator

Leila Chan, who started her career as a journalist in 1993, has been covering sustainability issues including food waste, urban farming, aging and palliative care in the community. Her bestselling books “Food Waste” and “Death in Hong Kong” won the Hong Kong Book Prize in 2012 and 2014 respectively. Her book series “Rest In Peace Hong Kong: caring and choices” was honoured with the Hong Kong Publishing Biennial Awards.

In 2015, Leila co-founded the Big Silver Community. The charitable organization is aimed at mobilizing our society to develop, experiment on and refine solutions related to aging. Big Silver leverages social media for public education on age-friendly and carers topics, and leads by example in experimenting with cross-sector collaborative approaches.

Panelist 1

Derrick Au is Advisor and former Director of the Centre for Bioethics at The Chinese University of Hong Kong (CUHK). He received medical education at Brown University in the US and postgraduate training in geriatric medicine in Hong Kong. Before joining CUHK in 2017, Dr. Au served in clinical service in geriatrics and rehabilitation then health service management positions in the Hospital Authority (HA), including Director of Quality & Safety (2014-16), the portfolio of which included overseeing clinical ethics, research ethics and technology assessment. Dr. Au is a former chairman of the HA Clinical Ethics Committee (2017 to 2020) and current Convenor of the Ethics Advisory Committee of the Hong Kong Genome Institute.

Dr. Au is also a writer and columnist with books published (in Chinese) on bioethics, professional ethics, and history of medicine.

Panelist 2

Ryanne Lai, a lawyer dual-qualified in Hong Kong and England and Wales, co-founded ForeverGift.hk with her father in 2021 to promote legacy giving in Hong Kong.

A social enterprise previously sponsored by Lee Hysan Foundation and the Social Innovation and Entrepreneurship Development Fund (SIE Fund), ForeverGift.hk works with pro bono lawyers and offers a free, professional and user-friendly Will-writing service to the general public, making it possible for anyone to leave a legacy and create a lasting impact on causes closest to their hearts. To date, legacy gifts made through the service have exceeded HKD 2 billion with over 440 charities named as beneficiaries.

In 2023, Ryanne co-founded the Five Blessings Centre to provide a one-stop solution for end-of-life planning. Bringing together lawyers, doctors, social workers and funeral planners, the service assists the general public in arranging their (1) Will, (2) Enduring Power of Attorney, (3) Advanced Medical Directive, (4) Advanced Funeral Planning and (5) Life Story. In addition to serving the general public, the centre offers free services to the underprivileged with funding from the SIE Fund, Lee Hysan Foundation, ZeShan Foundation and Wu Jieh Yee Charitable Foundation.

Previously, Ryanne worked at an international law firm and co-founded a legal-tech company that offers modern legal solutions to SMEs across Hong Kong, Singapore, Australia, New Zealand and the United Kingdom.

Panelist 3

Arnold Leung is a Hong Kong-registered social worker (BSW, MSW), a Fellow in Thanatology accredited by the Association for Death Education and Counseling, and an advanced certified hospice and palliative social worker recognized by the National Association of Social Workers (USA). He is currently the Director of the Hong Kong Life and Death Studies Association. Previously, he served as Senior Service Manager of the Hospice and Bereavement Service Division of SKH Holy Carpenter Church District Elderly Community Centre, and as Deputy Director of Asbury Methodist Social Service.

Since 2007, Mr. Leung has been working in end-of-life care, bereavement counselling, and the promotion of death education. Over the years, he has supported more than 1,000 bereaved families and terminally ill patients. He has also delivered nearly 2,000 death-education talks and professional training sessions for government departments, non-governmental organizations, schools, hospitals, and religious groups in Hong Kong and overseas, including China, Macau, Taiwan, Malaysia, the United Kingdom, the United States, and Canada.

He has also organized ten cohorts of the Certificate Course on Hospice Services and Death Education, training over 500 professionals from diverse backgrounds to understand hospice care, bereavement counselling, and death education. In addition, he provides more than 3,000 hours of professional supervision to social workers and professional counsellors.

Outside of work, Mr Leung is the founder of DEATHFEST (Death Festival). He is also a guest host on death-education programmes on Metro Radio and Sooradio. He serves as the Head of the Academic Assessment and Quality Appraisal Department for the Chinese Association for Life and Death Studies and Death Education. Over the years, he has compiled and authored two books on death education—“生死教育講呢啲” and “生前死後”—and has also published two children’s picture books: “一直陪著你” and “我永遠是你們的孩子。” In 2016, he was awarded the 25th Outstanding Social Worker Award.

Since 2022, he has been pursuing a Doctor of Education degree at The Education University of Hong Kong, majoring in death education and philosophy for children.