

Te Kaunihera Rata o Aotearoa Medical Council of New Zealand

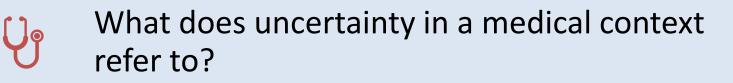
# Managing uncertainty when AI is used in healthcare

Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



ihera Medical Council a New Zeo

#### **Overview**





Why is it important to acknowledge that uncertainty exists in medicine?



Suggestions for managing uncertainty when AI is used in patient care



A cautionary tale: IBM Watson Health

Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



#### **Uncertainty in a medical context**



Medicine is an inexact science.

There will always be some unknowns in every clinical encounter.

Uncertainty remains even when health care is hightech.

Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



## The three most important words in medicine...



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



### ... I don't know



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



e Kaunihera M ata o C otearoa N

### Why is it important to acknowledge that uncertainty exists in medicine

- Facilitates dialogue.
- Manages patients' expectations.



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



## Suggestions for managing uncertainty when AI is used in health care

Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



#### Identify one's own cognitive biases

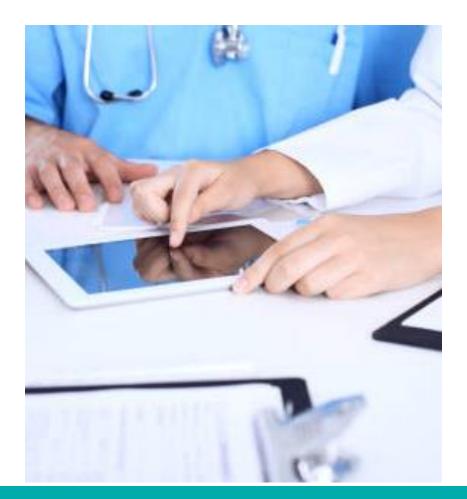
- CB affects how doctors manage clinical encounters
- Awareness of CB is even more crucial when AI is used.
- Ongoing reflection is valuable.



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



### Resist viewing AI (or any technology) as the panacea for health care



- Good health care also requires:
  - Clear communication
  - Co-ordination of care
  - Collaboration + teamwork.

Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



#### **Recognise Al's capabilities and limitations**

- Al is particularly suited for image-intensive specialties.
- Al could reinforce existing biases and inequities if the input data is biased.
- Al's inner logic could be difficult to uncover and understand.



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



### Be willing to discuss uncertainty with patients





### Transparency and trust are essential.

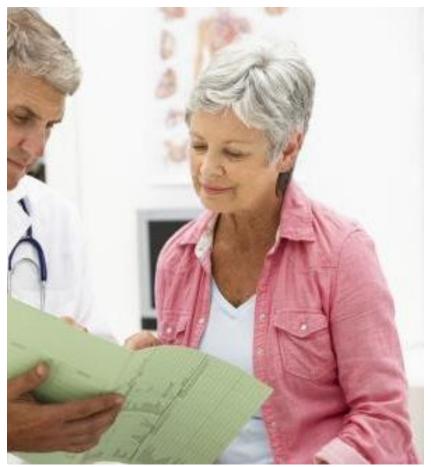
Good bedside manner is vital.

Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



### Facilitate shared-decision making in the face of uncertainty

- Check Al's recommendations.
- Engage with patients.



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



#### Cultivate a tolerance and acceptance of uncertainty

More clinical information ≠

More tests and treatments.

Important to steward health resources wisely.



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



ra Medical Council o New Zea

#### A cautionary tale



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



Te Kauniha Rata o Aotearoa

#### **Lessons from Watson**

- Revolution  $\neq$  Reality.
- Replicating a human doctor's expertise is complex.
- Recommendations should be relevant and reliable.
- Ultimately, patients' lives are affected.



#### Some closing thoughts

- Uncertainty is inherent in medicine.
- Uncertainty will prevail even with AI.
- Important to understand and manage uncertainty.
- Ensure that the patient remains central.



Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice





Whakahaumaru i te iwi whānui, whakatuarā te kounga o te tikanga rata Protecting the public, promoting good medical practice



Te Kaunihera Rata o Aotearoa